

Café Med Breakfast

7am - 10:30am

Continental Buffet

Fresh Orange or Grapefruit Juice

Breakfast Cereals

*Wheaties, All-Bran, Bran Flakes, Rice Krispies, Cornflakes, Frosted Flakes,
Special K, Raisin Bran, Coco Pops, home made Granola*

Fresh Fruit Platter

Plain Natural Yogurt

Compote of Fruit

Morning Bakery Basket and a selection of bread, bagels,
Marmalade and home made preserves

Coffee - Regular or Decaffeinated

Tea - Assam, Earl Grey, Darjeeling or English Breakfast

Continental Buffet is complimentary to our hotel guests - **\$20** for outside patrons.

Full Serve Breakfast Favorites

Eggs Benedict with English muffin - **12**

Scrambled Eggs on Whole Wheat Toast - **14**
with crisp bacon and ground black pepper

Regular or Egg White Omelette - **12**
with a choice of: tomatoes, onion, ham, cheese, pepper

Griddle Cakes with jams or maple syrup - **8**

Homemade Buttermilk Waffles with maple syrup - **8**

French Toast with strawberry and chocolate sauce - **8**

Healthy Local Breakfast

Two Soft Boiled Eggs, Salt Fish, Spinach, Tomatoes and Tofu - **12**

CuisinArt's English Breakfast

Two Eggs Any Style - **14**
with grilled bacon, pork sausages, grilled tomato, mushrooms, sautéed potatoes

Oatmeal with Milk - **8**

Smoked Salmon with traditional garnishes - **12**

All prices are in U.S. dollars and subject to a 15% service charge.

Café Med Breakfast

Smoothies and Spirits

KIZEL'S CONCOCTIONS

From our Resident Juice Master

The Vision Finder

Carrots, Beets, Celery and Citrus Trio – Great for your Eyes

8

Feel The Burn

Carrots, Ginger, Apple and Orange – Ginger is a Natural Antibiotic

8

Juicy Melons

Watermelon, Honeydew and Cantaloupe with Fresh- Squeezed Orange Juice

8

Rasta Frappé

Pineapple, Citrus Trio, Mint and Crushed Ice

9

Silky Strawberry

Vegan Shake of Frozen Strawberries, Orange Juice and Silky Tofu

9

Frozen CPP

Coconut, Pineapple and Papaya, Blended with Ice

8

Kizel's "Monkey's Bite"

Bananas, Peanut Butter, Milk and Crushed Ice

9

All blended drinks can be made with whole milk, skim milk or soy milk.

Protein powder can be added to any drink for an additional \$3

Kizel's Mimosas

Cuisinart Champagne, Fresh-Squeezed Orange Juice

Topped With Your Choice Of Fresh Fruit Purée:

Fresh Raspberries – Guava – Passionfruit – Coconut – Classic White Peach

5

All prices are in U.S. dollars and subject to a 15% service charge.