

# Café Med

## LUNCH

### Med Share Appetizers

*To start your meal off, share the tastes of the world. Choose from Asian, Italian, and the Americas platters as an appetizer for everyone to share!*

**Asian** – selection of Sushi, Grilled Chicken Skewers, Tempura Veggies with Dips **19**

**Italian** – selection of Bruschetta, Crispy Calamari, Focaccia, Grilled Vegetables, Tomato and Mozzarella **19**

**The Americas** – Jerk Chicken, Cheese Quesadilla, Chicken Wings, Beef and Chicken Fajitas **19**

### Med Hydroponic Corner

Healthy CuisinArt Tuna Salad **13**

Caprese Salad with Pesto Sauce **13**

Hydroponic Salad: *Made the way you like it!* **16**

<b>Lettuce</b>	<b>Vegetables</b>	<b>Cheese</b>	<b>Dressing</b>	<b>Additional</b>
Arugula	Cucumbers	Feta	Caesar	Beef <b>6</b>
Leaf Lettuce	Olives	Mozzarella	French	Chicken <b>6</b>
Romaine	Onions	Parmesan	Herb & Yogurt	Lobster <b>12</b>
	Peppers		Lemon Olive Oil	Shrimp <b>6</b>
	Tomatoes			

### Med Pandwich Corner

CuisinArt Turkey Club Sandwich **21**

Signature Vegetable Club Sandwich with Avocados **18**

Anguillian Lobster Signature Club Sandwich with light yogurt dressing **25**

CuisinArt Classic Angus Cheeseburger with coleslaw **21**

Tomato and Mozzarella Panini with homemade pesto **18**

Asian Style Shrimp and Vegetable Wrap **19**

Mahi Mahi Burger with tartar sauce **21**

Crispy Chicken Tender Burger with a choice of sauces **20**

*All sandwiches are served with hydroponic salad and crispy French fries*

## Med Stir Fry

*Made the way you like it!*

21

Choice of one base and one homemade sauce

<b>Base</b>	<b>Homemade Sauce</b>	<b>Additional</b>	
Mixed Vegetables	Chili	Beef	6
Chinese Noodles	Mango Curry	Chicken	6
Vegetables and Noodles	Soy	Lobster	12
Vegetables and Rice	Sweet Chili	Shrimp	6

## Med Pasta

*Made the way you like it!*

21

Choice of one pasta, one homemade sauce and one cheese

<b>Pasta</b>	<b>Homemade Sauce</b>	<b>Cheese</b>	<b>Additional</b>	
Fettuccine	Alfredo	Gruyère	Beef	6
Spaghetti	Lobster	Parmesan	Chicken	6
Penne	Pesto		Lobster	12
	Pomodoro		Shrimp	6
			Grilled Vegetables	6

## Med Pizza

*Made the way you like it!*

18

<b>Sauce</b>	<b>Cheese</b>	<b>Vegetables</b>	<b>Meat</b>	<b>Additional</b>	
Pesto	Mozzarella	Onions	Pepperoni	Chicken	5
Tomato	Parmesan	Olives	Sausage	Shrimp	6
Caesar	Feta	Tomatoes			
		Peppers			
		Pineapple			

## Med "The Americas" Corner

Grilled Lobster or Crayfish with rice and peas and vegetable 55

West Indian Snapper with mushrooms and vegetable 29

Jerk Chicken Quesadillas with dip 12

Wings and Ribs 13

Chicken Fajitas with sour cream and guacamole 21

Grilled Sirloin with potato wedges and sour cream 36

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## The Chef's Special

*Each day the Chef chooses a special for each course.*

*Please ask your waiter for today's specials.*

Soup 12

Fish 28

Tart of the Day with Sorbet or Ice Cream 10

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