



CuisinArt
RESORT & SPA

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CuisinArt Tennis Program



CuisinArt
RESORT & SPA
ANGUILLA



CuisinArt Resort & Spa provides an abundance of sports activities to ignite your enthusiasm. You can find innumerable ways to exercise at the resort, from non-motorized water sports to croquet and bocce, yoga and other classes. But one of the most enjoyable and rewarding ways to work out at CuisinArt is through the Anguilla Tennis Academy's international program.

The Anguilla Tennis Academy is a nonprofit grassroots program that provides the highest quality tennis instruction to Anguillian, Caribbean and international youth in a competitive environment, while encouraging exemplary sportsmanship.

The ATA is committed to developing healthy minds and providing educational opportunities for children through the sport of tennis. The academy was founded on the principle that tennis can be used as a vehicle to reach and empower children, equipping them with the skills and knowledge to help them become responsible citizens of their community.

At CuisinArt Resort & Spa, the Tennis Director is hand-picked by the president of the ATA, Mitchell Lake. Mitchell believes in bringing in top professionals in the field of tennis who meet the

high standards of the ATA. Moreover, the ATA believes in teaching individuals, not systems. You can select from a variety of options to meet your particular tennis needs.

Free beginner clinics are offered every Tuesday for those who want to work on the basics, or those who have never picked up a racquet before! The Tennis Mixer every Tuesday evening is also free, and a great way to meet people and just have fun.

Drill Workouts on Wednesdays are available for anyone who wants to hit lots of balls and get lots of exercise! For more advanced players, an Intermediate/Advanced Clinic provides tennis tactics and strategies every Friday, you can also meet the Tennis Pro at 10am every Friday at the tennis courts.

If you've come to CuisinArt without a tennis partner or a racquet you can still play tennis. The Tennis Matchup System is exactly what you need. Fill in a sign-up sheet at the Concierge Desk and we will find the appropriate tennis partner for you. If you break a string, don't worry. We also offer 24 hour stringing service. Just bring your racquet to the Tennis Director and it will be restrung and ready to use the next day.

Private and semiprivate sessions are also available. As a courtesy to other guests, we ask that you give us 24 hours notice if you need to cancel or change an appointment. If we don't receive notice 24 hours in advance, full charge for the lesson will be added to your room bill. Thank you and we look forward to seeing you on the courts!

Private Session	\$40 – 30 min • \$80 – 60 min
Semiprivate Sessions	\$90 – 60 min
Hitting Partner	\$20 – 30 min • \$40 – 60 min
Clinic for beginners – Tuesday	Free of charge – 30 min
Drill Workout – Wednesday	\$20 – 60 min
Clinic – Friday	\$20 – 60 min
Use of ball machine, incl. assistant to reload:	\$40 – 60 min